

FIND *YOUR* HAPPY

Online Parent Support Group

A no-cost weekly, drop-in support group for anyone in a parenting role.

Casual, no-pressure environment.

Meet and speak with others experiencing similar challenges.

Learn about normal behaviors for children at different ages.

Gain flexibility and confidence to parent through the ups and downs.

Groups are professionally led through Zoom at no cost to you! To maintain a safe space, groups are intended for parents and caregivers and are not open to observers.

**Mondays,
7:00 pm to 8:00 pm**

Zoom Meeting ID: 330-270-8702

Drop-in; registration is NOT required

For more information

Email NRBH_IASSupport@NorthRange.org
Call 970.347.2487